



Dyslexia Index

To what extent do you agree or disagree with these statements ...

1. When I was learning to read at school, I often felt I was slower than others in my class
2. My spelling is generally very good
3. I find it very challenging to manage my time efficiently
4. I can explain things to people much more easily verbally than in my writing
5. I think I'm a highly organized learner
6. In my writing I frequently use the wrong word for my intended meaning
7. I generally remember appointments and arrive on time
8. When I'm reading, I sometimes read the same line again or miss out a line altogether
9. I have difficulty putting my writing ideas into a sensible order
10. In my writing at school, I often mixed up similar letters like 'b' and 'd' or 'p' and 'q'
11. When I'm planning my work I use diagrams or mindmaps rather than lists or bullet points
12. I'm hopeless at remembering things like telephone numbers
13. I find following directions to get to places quite straightforward
14. I prefer looking at the 'big picture' rather than focusing on the details
15. My friends say I often think in unusual or creative ways to solve problems

16. I find it really challenging to make sense of a list of instructions
17. I get my 'lefts' and 'rights' easily mixed up
18. My tutors often tell me that my essays or assignments are confusing to read
19. I get in a muddle when I'm searching for learning resources or information
20. I get really anxious if I'm asked to read 'out loud'

Academic Behavioural Confidence Scale:

How confidence are you that you are able to ...

1. ... study effectively on your own in independent or private study
2. ... produce your best work under examination conditions
3. ... respond to questions asked by a lecturer in front of a full lecture theatre
4. ... manage your workload to meet coursework deadlines
5. ... give a presentation to a small group of fellow students
6. ... attend most taught sessions
7. ... attain good grades in your work
8. ... engage in profitable academic debate with your peers
9. ... ask lecturers questions about the material they are teaching, in a one-to-one setting
10. ... ask lecturers questions about the material they are teaching, during a lecture
11. ... understand the material outlined and discussed with you by lecturers
12. ... follow themes and debates in lectures
13. ... prepare thoroughly for tutorials
14. ... read the recommended background material
15. ... produce coursework at the required standard
16. ... write in an appropriate academic style
17. ... ask for help if you don't understand something
18. ... be on time for lectures
19. ... make the most of the opportunity of studying for a degree at university
20. ... pass assessments at the first attempt
21. ... plan appropriate revision schedules
22. ... remain adequately motivated throughout
23. ... produce your best work in coursework assignments
24. ... attend tutorials