

# A Revised Adult Dyslexia Checklist

By M.D. Vinegrad

Please tick Yes or No to each question. Don't miss any questions out. If in doubt, tick which ever feels like the truer answer.

	YES	NO
1) Do you find difficulty in telling left from right?	<input type="checkbox"/>	<input type="checkbox"/>
2) Is map reading or finding your way to a strange place confusing?	<input type="checkbox"/>	<input type="checkbox"/>
3) Do you dislike reading aloud?	<input type="checkbox"/>	<input type="checkbox"/>
4) Do you take longer than you should to read a page of a book?	<input type="checkbox"/>	<input type="checkbox"/>
5) Do you find it difficult to remember the sense of what you have read?	<input type="checkbox"/>	<input type="checkbox"/>
6) Do you dislike reading long books?	<input type="checkbox"/>	<input type="checkbox"/>
7) Is your spelling poor?	<input type="checkbox"/>	<input type="checkbox"/>
8) Is your writing difficult to read?	<input type="checkbox"/>	<input type="checkbox"/>
9) Do you get confused if you have to speak in public?	<input type="checkbox"/>	<input type="checkbox"/>
10) Do you find it difficult to take messages on the telephone and pass them on correctly?	<input type="checkbox"/>	<input type="checkbox"/>
11) When you have to say a long word, do you sometime find it difficult to get all the sounds in the right order?	<input type="checkbox"/>	<input type="checkbox"/>
12) Do you find it difficult to do sums in your head without using your fingers or paper?	<input type="checkbox"/>	<input type="checkbox"/>
13) When using the telephone, do you tend to get the numbers mixed up when you dial?	<input type="checkbox"/>	<input type="checkbox"/>
14) Do you find it difficult to say the months of the year forwards in a fluent manner?	<input type="checkbox"/>	<input type="checkbox"/>
15) Do you find it difficult to say the months of the year backwards?	<input type="checkbox"/>	<input type="checkbox"/>
16) Do you mix up dates and times and miss appointments?	<input type="checkbox"/>	<input type="checkbox"/>
17) When writing cheques, do you frequently find yourself making mistakes?	<input type="checkbox"/>	<input type="checkbox"/>
18) Do you find forms difficult and confusing?	<input type="checkbox"/>	<input type="checkbox"/>
19) Do you mix up bus numbers like 95 and 59?	<input type="checkbox"/>	<input type="checkbox"/>
20) Did you find it hard to learn your multiplication tables at school?	<input type="checkbox"/>	<input type="checkbox"/>

This questionnaire was completed by 679 adults divided into the following groups:-

Students enrolled on BA & BSc degree courses	57%
Students enrolled on Certificated and Access courses	7%
A-Level students	15%
Non-student adults	21%

The age range was 18 to 68 and the proportion of men and women was approximately equal.

The sample contained 32 known dyslexic individuals. A statistical procedure involving discriminant function analysis, a factor analysis and a series of t-tests was carried out. The objective was to identify those items on the questionnaire that best discriminated between dyslexic and non-dyslexic individuals.

The 12 best items in order of importance are:-

Order	Item	Order	Item
1	Q17	7	Q19
2	Q13	8	Q14
3	Q7	9	Q20
4	Q16	10	Q4
5	Q18	11	Q1
6	Q10	12	Q11

If the majority of these items are ticked, this is a strong indication of dyslexia.

On the questionnaire as a whole (i.e. all 20 items):-

- 60% of people gave no more than four 'yes' responses
- 90% of people gave no more than eight 'yes' responses

**Nine or more 'yes' responses on the questionnaire, as a whole is therefore a powerful indicator of a difficulty. The items ticked should be compared with the 'best twelve' shown above.**

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Reference: A Revised Adult Dyslexia Checklist. Educare, No. 48, March 1994